

VIDEO TRAINING RECORD			
VIDEO TITLE Eye Protection - A New Approach (Non Humorous)	VIDEO ID NUMBER 1004BE		
<p style="text-align: center;">KEY TEACHING POINTS OF THE VIDEO</p> <p>You are the one who is going to decide when to wear eye protection. Pick the proper protection for the hazard.</p> <p>Natural defenses protect from minor injuries. These natural defenses include.</p> <p style="padding-left: 40px;">Eyelashes. Eyebrows. Tear ducts. Pupils. Blinking.</p> <p>Safety glasses protect from light impact only. Street glasses are not safety glasses.</p> <p>Safety goggles protect from sides, top and bottom as well as from light impact.</p> <p>Welding has special protection from Ultraviolet, Infrared, and visible light. Proper shade of eye protection is critical.</p> <p>Faceshield</p> <p style="padding-left: 40px;">Protects face and eyes.</p> <p style="padding-left: 40px;">You should wear safety goggles with.</p> <p>What to do in an emergency:</p> <p style="padding-left: 40px;">Medical Advice can only be provided by a physician.</p> <p style="padding-left: 40px;">Do not rub eyes.</p> <p style="padding-left: 40px;">Dislodge small particles.</p> <p style="padding-left: 80px;">Pull eyelid over bottom part of eye.</p> <p style="padding-left: 80px;">Use corner of a clean handkerchief.</p> <p style="padding-left: 80px;">Pour water from your nose outward.</p> <p style="padding-left: 80px;">Use an eyewash station.</p> <p style="padding-left: 40px;">If something is embedded in the eye.</p> <p style="padding-left: 80px;">Remain still.</p> <p style="padding-left: 80px;">Do not attempt to remove the object.</p> <p style="padding-left: 80px;">Do not rub or wash, even to stop bleeding.</p> <p style="padding-left: 80px;">Go to emergency room immediately or call an ambulance.</p> <p style="padding-left: 40px;">Chemical exposure.</p> <p style="padding-left: 80px;">Flood with water immediately.</p> <p style="padding-left: 120px;">Acid exposures flood for 15 minutes minimum.</p> <p style="padding-left: 120px;">Alkali exposures flood for 30 minutes minimum.</p> <p style="padding-left: 80px;">Seek medical help immediately.</p> <p>Sunglasses:</p> <p style="padding-left: 40px;">Don't always protect you.</p> <p style="padding-left: 40px;">Check with an optometrist when selecting sunglasses.</p> <p style="padding-left: 40px;">Rule of thumb: The cheaper the sunglasses the less the protection.</p> <p style="padding-left: 40px;">Children's play sunglasses rarely offer any protection from the sun.</p> <p>Get your eyes examined.</p> <p>Don't wear contact lenses in the work environment.</p>			
QUESTION		ANSWERS	
		TRUE	FALSE
1 Safety glasses prevent both heavy and light impact objects from entering the eye.			
2 Eyelashes, eyebrows, tear ducts, pupils, blinking are natural defenses that protect your eye.			
3 Contact lenses in the work environment are optional.			
4 Street glasses are not safety glasses.			
5 Use eyewash station to flush your eyes in an emergency.			
EMPLOYEE'S NAME	EMPLOYEE'S SIGNATURE	DATE	
INSTRUCTOR'S NAME	INSTRUCTOR'S SIGNATURE	DATE	